



THE SALTY DOG
RESTAURANTS

LUNCH MENU
12:00 - 16:00

SOUP & SANDWICHES

Soup of The Day Served with Brown Stout Bread. (1,2,7)	€7.95	Fish Toasted Special Sandwich Smoked Salmon, Dubliner Cheese, Lemon Coleslaw, J.J. Wall's Beef Dripping Chips. (2,4,5,7,9)	€17.50
Soup And Open Brown Sandwich With Shrimp Marie Rose Or Ballycotton Smoked Salmon. (2,4,5,7,9)	€14.50	Toasted Special Sandwich Ham, Dubliner Cheese, Tomato on Sourdough Bread, J.J. Wall's Beef Dripping Chips, Salad. (2,7,9)	€15.50
Fred's Mediterranean Fish & Seafood Chowder Cod, Smoked Haddock, Salmon, Prawns, Mussels, Potato, Smoky Bacon, Turmeric, Tomato, White Wine, Cream. Served with Brown Stout Bread. (1,2,3,5,7,8,14)	€14.50	Half Bowl of Chowder with Open Sandwich With Shrimp Marie Rose Or Ballycotton Smoked Salmon. (1,2,3, 4, 5,7,8, 9,14)	€17.50
Quiche of the Day Served with J.J. Wall's Beef Dripping Chips, Side Salad. (2, 4, 7)	€16.50		

STARTERS

Crispy Chicken Wings (Hot or BBQ Sauce), Blue Cheese Mayo, Celery. (1,7,13)	€12.95
Slow-cooked Pulled Pork Crostini BBQ & Bourbon Glaze, Apple Slaw. (1,2, 4, 9)	€14.50
AAA-Grade Tuna Tataki Pickled Ginger, Wasabi, Asian Dressing, Black Sesame. (2, 5, 12, 13)	starter €18.50 main €32.00
Bruschetta with Tomato Tartare Roast Red Pepper, Goat Cheese, Pesto, Side Salad). (2,7,9)	starter €13.95 main €21.50
Organic Mussels With Garlic, Shallots, White Wine & Cream. Served with Brown Stout Bread. (1,2,7,8)	starter €14.95 main €22.95
Breaded Monkfish Scampi Ballycotton Smoked Salmon, Potatoes Salad, Basil & Lime Mayonnaise. (2,4,5,7,9)	starter €17.50 main €32.00

MAINS

Fish and Chips Pea and Mint Puree, Tartar sauce, J.J Wall's Beef Dripping Chips. (1,2,5,7,9,12)	€22.95
Pan Fried Sea Bass Fillets On a Bed of Wild Mushrooms, Baby Potatoes, Baby Spinach, Saffron Beurre Blanc. (5,7)	€31.00
12 Hour Slow Cooked Beef Feather Blade Scallions, Mashed Potatoes, Baby Carrots, Bourguignon sauce. (1,7)	€28.50
Double Smash Beef Burger, Potato Bun, Dubliner Cheese, Baby Gem, Smoky Bacon,Red Onion Jam, Burger Sauce, Onion Rings. (2, 4, 9)	€23.50
Fred's Buttermilk Chicken Shawarma Flatbread, Hummus, Pickled Red Onions, Pickled Cucumber, Persillade Potatoes, Crumbled Feta, Garlic Yogurt Sauce. (2, 7, 12)	€24.00

SIDES

Beef Dripping Chips	€5.00	Onion Rings (2,4,7)	€5.00	Side Salad (9)	€5.00
Curry Chips (1,7)	€6.00	Mash (7,14)	€6.00	Roast Root Veg (7)	€6.00

ALLERGENS

1.CELERY | 2. CEREAL | 3. CRUSTACEANS | 4. EGGS | 5. FISH | 6. LUPIN | 7. MILK |
8. MOLLUSCS | 9. MUSTARD | 10. NUTS | 11. PEANUTS | 12. SESAME SEEDS | 13. SOYA | 14. SULPHUR DIOXIDE